



Melengali Spa

SWEDISH MASSAGE - \$80 USD (60 MINS)

A relaxing and energizing treatment.

Soft, long, kneading strokes, as well as light, rhythmic, tapping strokes, on topmost layers of muscles, also combined with movement of the joints.

DEEP TISSUE MASSAGE - \$80 USD (60 MINS)

A massage technique that's mainly used to treat musculoskeletal issues, such as strains and sports injuries. It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues.

HALF BODY MASSAGE - \$40 USD (30 MINS)

A shorter appointment and typically focuses on the neck, back, and shoulders first, as these are the main areas where people carry tension.

HEAD, NECK & SHOULDERS MASSAGE - \$40 USD (30 MINS)

A treatment aimed at decreasing stress and tension, enhancing circulatory systems of blood and lymph nodes, ultimately optimizing function of the body's glands and organs.

FOOT MASSAGE - \$40 USD (30 MINS)

A massage done by application of pressure onto particular areas of the soles of the feet. A reflex action in another part of the body is stimulated by the manipulation of each specific area, hence improving circulation, pain relief and healing injuries and relaxation at the end.

